

# Anol

Atenolol

## COMPOSITION

**Anol** Tablet: Each tablet contains Atenolol BP 50 mg.

## INDICATION

1. Management of hypertension.
2. Management of angina pectoris.
3. Management of cardiac dysrhythmias.
4. Myocardial infarction: early intervention in the acute phase.

## PHARMACOLOGY:

**Anol** tablet contains Atenolol, which is a cardioselective, beta-1 adrenergic blocking agent, preferably in the heart. The cardioselective property of Atenolol led to reduced incidence of some side effects, such as bronchospasm, which are common with the nonselective beta adrenoceptor blocking agents (e.g. propranolol).

**Anol** is effective for at least 24 hours after a single oral dose. Only about 50-60% of an oral dose of Atenolol is absorbed from gastrointestinal tract. Approximately 5% of Atenolol is bound to plasma protein and is well distributed in most tissues and fluids except brain and CSF. Patients with normal renal function, Atenolol has plasma half-life of 6 to 7 hours.

## MODE OF ACTION:

The principal physiologic action of Atenolol is to competitively block adrenergic receptors within the myocardium and within vascular smooth muscle. Atenolol also slows conduction in the atrioventricular (AV) node.

## DOSAGE & ADMINISTRATION:

Usual recommended dose in hypertension is 50-100 mg daily, in angina is 100 mg daily in 1 or 2 doses and in arrhythmias is 50-100 mg daily or as directed by the physicians. There is no pediatric experience with Atenolol and for this reason it is not recommended for use in children.

## CONTRAINDICATIONS:

**Anol** is contraindicated in patients with asthma, heart failure, second or third degree heart block.

## PHARMACEUTICAL PRECAUTIONS:

Avoid abrupt withdrawal in angina. Reduce oral dose of Atenolol in liver disease, reduce initial dose in renal impairment. Patients who have tendency towards obstructive airways disease should be treated with caution.

## USE IN PREGNANCY & LACTATION:

Atenolol has been effectively used only under close supervision for the treatment of pregnancy-associated hypertension. There was no evidence of foetal abnormalities although atenolol was used after 20 weeks of gestation. Atenolol crosses the placental barrier and appears in cord blood. Approximately three fold accumulation of atenolol occurs in breast milk. However, apparently no harmful effects were seen in the newborn or the breast fed babies. The possibility of foetal injury can not be excluded, therefore in women who are or may become pregnant or nursing mothers, expected benefits should be weighed against possible risks.

## SIDE-EFFECTS:

Bradycardia, heart failure, peripheral vasoconstriction and gastrointestinal disturbances may occur.

## PHARMACEUTICAL PRECAUTION:

Please keep the medicine away from the reach of the children.

To be dispensed only by or on the prescription of registered persons.

## HOW SUPPLIED:

**Anol** Tablet: Each carton contains 10x10 tablets in blister pack.

**Manufactured by:**



**MEDICON Pharmaceuticals Ltd.**  
Mirpur, Dhaka, Bangladesh.